



Dear Parent or carer,

Does your child have any special dietary needs you have not yet told us about?

If NO, then you don't need to read this letter or do anything else.

If YES, then please read this letter and fill in and return the attached form.

As you will be aware food allergies, intolerances and other dietary-related medical conditions are a growing concern for schools. Children who are affected can suffer a severe or even fatal reaction if they eat or come into contact with food they're allergic to.

So please:

1. Fill in the attached form as accurately as you can, describing any:

- Food allergies (for example to cow's milk)
- Food intolerances (for example to gluten)
- Other dietary-related medical conditions (for example coeliac disease)

Please don't use the form to describe your child's other cultural or religious dietary requirements or their food likes and dislikes. *Sodexo do not consider cultural or religious diets, vegan or vegetarian as 'special diets' as their menus offer a diverse range of foods to cater for pupils for all backgrounds.*

2. Return the form to the school office. This can be done by email at enquiries@st-matthias.com. Once we get this information, we'll share it with our catering partner Sodexo Ltd. They can make sure your child gets alternative meals that are safe for them.

If your child's condition changes after you send us the form, you need to tell the school as soon as possible.

We've included answers to frequently asked questions on the following page, as well as information on the difference between allergies, intolerances and dietary requirements. If you've any more questions or require this documents in a printed format, please contact the school office.

Dean Coombes
Headteacher